

Orchard Grove Primary School

SUMMER CANTEEN MENU

commencing Wednesday 10th October 2018

Lunch orders are available on Mondays, Wednesdays & Fridays

SANDWICHES / WRAPS

Sandwiches available on wholemeal bread or wraps

Quality Gluten Free Bread - \$0.50 extra

Rolls – \$0.60 extra Focaccia - \$0.80 extra

Vegemite	2.00
Salad	3.00
Cheese & salad	3.50
Egg, lettuce & mayo	3.50
Tuna, cucumber & lettuce	4.00
Ham & salad	5.00
(lettuce, tomato, carrot, cucumber)	
Roast Beef & salad	5.00
Roast Beef, cheese & pickles	4.50
Ham & cheese	3.50
Roast Chicken & salad	5.00
Roast Chicken, lettuce & mayo	4.50
Mexican: Chicken, cheese, lettuce & salsa	5.00
Hawaiian: Ham, lettuce, pineapple & mayo	5.00

TOASTIES

Please indicate sandwich, wrap, focaccia or muffin

Cheese	2.50
Ham & cheese	3.50
Ham, cheese & tomato	4.50
Roast beef & cheese	4.00
Chicken & cheese	4.00
Spaghetti & Cheese	3.50
Hot Apple	3.00

SALADS

Vege Hummus Bowl	5.00
Ham, Chicken or Roast Beef, boiled egg, tasty cheese slice & salad	5.50
1 Honey Soy Chicken Drumstick & salad	4.50
Beef or Chicken Pattie or Veggie Pattie & salad	5.00

HOT FOOD

Honey Soy Chicken Drumstick	3.00
1 Honey Soy Chicken Drumstick & 4 Potato Wedges	4.50
2 Honey Soy Chicken Drumsticks & 4 Potato Wedges	5.50
Potato Wedges (8) & sour cream	3.00
HOME MADE Beef or Chicken Burger or Veggie Burger with lettuce, cheese, tomato, tomato sauce or mayo	5.00
Grilled chicken Tenderloin Wrap	5.50
With lettuce & mayo <u>OR</u> lettuce and cheese	
Nachos with Salsa & Cheese (V)	3.00
GF Spaghetti Bolognese (GF)	5.00
Beef <u>OR</u> Chicken Pattie <u>OR</u> Veggie Pattie with Potato Wedges & dipping sauce (tomato or sour cream)	5.50

V – Vegetarian
GF – Gluten Free

PITA PIZZA

Chicken, cheese & bbq sauce	4.50
Ham, cheese & tomato sauce	4.00
Cheese and tomato sauce	3.00
Tuna, corn & cheese & tomato sauce	4.00
Corn, pineapple, capsicum, cheese & tomato sauce	4.00
Extra Toppings- Pineapple	0.50
- Capsicum	0.50

FROZEN ITEMS

Frozen Pineapple Ring	1.00
Frozen Orange Wedge	0.50
Frozen Watermelon	1.50
Zing Yogurt Ice Stick (GF)	1.50
Frozen Yogurt & Fruit Cup	2.50
Slushy	2.00

SLUSHIES ARE BACK!!

SNACKS

Mini Croissant	1.50
Cheesy-Mite Scroll (V)	2.00
Carrot sticks with dip	1.00
Popcorn – Butter or Salt & Vinegar (V/GF)	1.50
Orange Wedges (whole orange)	1.50
Apple (cored) (V/GF)	1.50
Watermelon (V/GF)	2.00
Fruit & Jelly Cup (V/GF)	1.50
Strawberry Yoghurt Squeezie Pouch	1.50
Go! Choc Chip Cookie	1.50
Anzac Biscuit	1.00
Red Rock Deli Chips 27g	2.00

DRINKS

100% Juice – Apple or Orange	2.00
Mineral Water	
Apple & Raspberry / Lemon Lime	2.00
Nippy Low Fat Flavoured Milk 250ml	
Strawberry or Chocolate	2.00
Re-Usable Lunch Wallets (sample at office)	10.00
Pink, Green, Purple or Blue	
Paper Bags	0.10

ONE FROZEN ITEM PLUS ONE FROZEN FRUIT PERMITTED

BEEF or CHICKEN or VEGIE PATTIE WITH POTATO WEDGES and Dipping Sauce OR With Salad

Please encourage your child to return to the canteen if any item is missing
Canteen Manager – Sophie Polites - 0407 853 812