



# Orchard Grove Primary School

## WINTER CANTEEN MENU



commencing Wednesday 18<sup>th</sup> April 2018  
Lunch orders are available on Mondays, Wednesdays & Fridays

### SANDWICHES / WRAPS

Sandwiches available on wholemeal bread or wraps

Quality Gluten Free Bread - \$0.50 extra

Rolls – \$0.60 extra

|   |      |
|---|------|
| Vegemite  | 2.00 |
| Salad   | 3.50 |
| Cheese & salad                                  | 4.00 |
| Egg, lettuce & mayo                             | 3.50 |
| Tuna, cucumber & lettuce                        | 4.00 |
| Ham & salad (lettuce, tomato, carrot, cucumber) | 5.00 |
| Ham & cheese                                    | 3.50 |
| Roast Chicken & salad                           | 5.00 |
| Roast Chicken, lettuce & mayo                   | 4.50 |
| Roast Beef & salad                              | 5.00 |

### TOASTIES

Please indicate sandwich, wrap, focaccia or muffin

Focaccia - \$0.80 extra

|                      |      |
|----------------------|------|
| Cheese               | 2.50 |
| Ham & cheese         | 3.50 |
| Ham, cheese & tomato | 4.00 |
| Chicken & cheese     | 4.50 |
| Hot Apple            | 3.00 |
| Spaghetti & Cheese   | 3.50 |

### SALADS

|  |      |
|--|------|
| Ham, Roast Chicken or Roast Beef, boiled egg, tasty cheese slice & salad | 5.00 |
| 1 Honey Soy Chicken Drumstick & salad                                    | 5.00 |
| Beef, Chicken or Vegie Pattie & Salad                                    | 5.00 |

### HOT FOOD

|  |      |
|--|------|
| Honey Soy Chicken Drumstick  | 3.00 |
| 1 Honey Soy Chicken Drumstick & 4 Potato Wedges                                    | 4.50 |
| 2 Honey Soy Chicken Drumsticks & 4 Potato Wedges                                   | 5.50 |
| Potato Wedges (8) & sour cream   | 3.00 |
| HOME MADE Beef or Chicken Burger   | 5.50 |
| with lettuce, cheese, tomato, tomato sauce or mayo                                 |      |
| Vegie Burger – vegetable pattie & salad in a roll                                  | 5.00 |
| Homemade Sausage Roll  | 3.50 |
| Cottage Pie  | 5.00 |
| Spaghetti Bolognese (GF)   | 5.50 |
| Nachos with Salsa & Cheese (V)   | 3.00 |
| Beef <u>OR</u> Chicken <u>OR</u> Vegie Pattie with Potato Wedges and dipping sauce | 5.00 |
| Grilled chicken tenderloin wrap with lettuce & mayo <u>OR</u> lettuce & cheese     | 5.50 |

### PITA PIZZA

|  |      |
|--|------|
| Chicken, cheese & bbq sauce                      | 4.50 |
| Ham, cheese & tomato sauce                       | 4.00 |
| Tuna, corn & cheese                              | 4.00 |
| Corn, pineapple, capsicum, cheese & tomato sauce | 4.00 |
| Extra Toppings - Pineapple                       | 0.50 |
| - Capsicum                                       | 0.50 |

### FROZEN ITEMS

|                            |      |
|----------------------------|------|
| Frozen Pineapple Ring      | 1.00 |
| Zing Yogurt Ice Stick (GF) | 1.50 |
| Frozen Yogurt & Fruit Cup  | 2.50 |

### SNACKS

|                                   |      |
|-----------------------------------|------|
| Mini Croissant                    | 1.50 |
| Homemade CheesyMite Scroll        | 2.00 |
| Carrot sticks with dip            | 1.50 |
| Popcorn - Butter or Cheese (V/GF) | 1.50 |
| Orange Wedges (whole orange)      | 1.50 |
| Apple (cored) (V/GF)              | 1.50 |
| Fruit & Jelly Cup (V/GF)          | 1.50 |
| Go! Choc Chip Cookie              | 1.50 |
| Anzac Biscuit                     | 1.00 |
| Sultana Fruit Slice               | 1.00 |
| Red Rock Deli Chips 27g           | 2.00 |
| Strawberry Yoghurt Squeezie Pouch | 1.50 |

### DRINKS

|  |       |
|--|-------|
| 100% Juice – Apple or Orange               | 2.00  |
| Mineral Water                              |       |
| Apple & Raspberry / Lemon Lime             | 2.00  |
| Nippy Low Fat Flavoured Milk 250ml         |       |
| Strawberry or Chocolate                    | 2.00  |
| Hot Chocolate                              | 2.50  |
| Re-Usable Lunch Wallets (sample at office) | 10.00 |
| Pink, Green, Purple or Blue                |       |
| Paper Bags                                 | 0.10  |

**WINTER TOASTIES**  
- FOCACCIA ROLLS  
- ENGLISH MUFFINS  
- WRAPS

**HOMEMADE SAUSAGE ROLLS ARE BACK!!**

**YUMMY WINTER WARMER**  
**BELGIAN HOT CHOCOLATE**

VSCA approved

V – Vegetarian  
GF – Gluten Free

Please encourage your child to return to the canteen if any item is missing  
Canteen Manager – Sophie Polites - 0407 853 812